



First Aid at Work (FAW) 3 Day Level 3 Award



Target Audience

All staff in a variety of settings across Housing, Health and Social Care who have been designated as the First Aider at Work.

It supports learners to gain a qualification to the highest level of First Aid at Work, and which meets the statutory requirements of the Health & Safety (First Aid) regulations 1981.

This comprehensive 3 day course covers a wide range of First Aid emergencies, enabling all learners to deal with an emergency situation with confidence in a prompt, safe and effective way.

Assessment & Certification

Assessment of learning is ongoing throughout the course by the instructor through discussion, questioning, individual and group activities, practical work, observations and a multiple-choice questions paper.

This course is fully accredited and on successful completion, learners will receive a certificate valid for 3 years from our awarding body.

To ensure this qualification is kept in date, a three yearly, two-day refresher course will need to be undertaken to re-qualify.

It is a recommendation by the HSE and HSENI, that the learners consider an annual 3 hour refresher.

This course is delivered using a range of methods and resources including:

- ◆ Face to Face tutor facilitation, questionnaires, scenarios for breakout groups, questioning and participation, videos and practical use of first aid box, manikins and an AED, and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Health and Safety (First Aid) Regulations 1981 (as amended)
- ◆ Resuscitation Council Guidelines
- ◆ The Care Certificate Standard 12

Course Content

Day 1

- ◆ Introduction-The First Aider
- ◆ What is First Aid
- ◆ First Aid in the Workplace
- ◆ Responsibilities of the First Aider
- ◆ Actions in an emergency
- ◆ Primary assessment
- ◆ Secondary assessment
- ◆ Breathing and circulation
- ◆ Principles of resuscitation
- ◆ Disorders of respiration
- ◆ Disorders of the circulation

Day 2

- ◆ Wounds and bleeding and recap paper 1
- ◆ Disorders of consciousness
- ◆ Embedded objects, burns and scalds
- ◆ Bones, joints and muscle injuries
- ◆ Poisoning
- ◆ Incident training

Day 3

- ◆ Recap paper 2 and other conditions
- ◆ Casualty management
- ◆ Resuscitation procedures
- ◆ Incident management
- ◆ Practical assessment overview

Learning Outcomes

After attending this course, learners will be:

- ◆ Qualified as a First Aider at Work
- ◆ Able to respond to First Aid situation within their places of work

Duration: 3 Days