



## Target Audience

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Managers across a range of Housing, Health and Social Care settings who have a responsibility for ensuring care and support staff can safely support people with the management of their diabetes.

This course has been developed to build on learners' knowledge of diabetes and how to build on prevention and self-care practices. Learners will be supported to identify what safe practices and competencies should be in place to ensure the safe support and management of a person's diabetes with the services they manage.

**This course is delivered using a range of methods and resources including:**

- ◆ Live tutor facilitation, interactive polls, questionnaires, drawing tools, videos and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ NICE Guidelines: Diabetes in Adults
- ◆ The Care Act 2014

## Course Content

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- ◆ Updates on Diabetes, medication and monitoring glucose levels
- ◆ Potential complications of unmanaged diabetes
- ◆ Risk assessing
- ◆ Self-care strategies
- ◆ Diet and Nutrition – Menu Planning
- ◆ Reporting and recording results and concerns
- ◆ Implementing and monitoring safe practices and competencies
- ◆ What does current evidence say about COVID-19 and its impact on Diabetes

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ State any updates on Diabetes, medication and monitoring glucose levels
- ◆ List potential complications of unmanaged diabetes
- ◆ Explain the importance of risk assessing
- ◆ Explain what self-care strategies are
- ◆ Give an overview of the impact of diet and nutrition
- ◆ Reporting and recording results and concerns
- ◆ State what safe practices and competencies should be implemented and monitored
- ◆ Give an overview of current research about the impact COVID-19 may have on diabetes.

**Duration: 6 Hours**