



Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

Learners will develop an understanding of the types of wounds, wound healing and factors influencing the health process. We will look at skin structure and function and build on learner confidence to support with wound management.

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, interactive polls, questionnaires and drawing tools, videos, scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ The Care Act 2014
- ◆ Mental Capacity Act 2005
- ◆ Deprivation of Liberty Safeguards 2008
- ◆ Equality Act 2010
- ◆ NICE Guidelines – Wound Management

Course Content

- ◆ Skin structure and function
- ◆ Types and causes of wounds
- ◆ Assessment
- ◆ Wound dressings
- ◆ Aseptic technique
- ◆ Infection prevention and control
- ◆ The healing process
- ◆ Barriers to healing
- ◆ The importance of nutrition

Learning Outcomes

After attending this course, learners will be able to:

- ◆ Describe skin structure and function
- ◆ List types and causes of wounds
- ◆ Outline the key points of the assessment process
- ◆ Explain the importance of maintaining dressings
- ◆ Explain the importance of using aseptic technique
- ◆ Explain how to identify and minimise the risk of infection
- ◆ Summarise the healing process
- ◆ List barriers to healing
- ◆ Describe the importance of nutrition to the healing process

Duration: 3 Hours