



Target Audience

This is a Skills for Care course that has been developed to provide volunteers with a basic understanding of the adult care sector prior to them working with and supporting individuals within a range of adult care settings.

This course is delivered using a range of methods and resources including:

- ◆ Live tutor facilitation, questionnaires, interactive polls, scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Skills for Care – Volunteering in Social Care

Course Content

- ◆ Adult social care
- ◆ Your role and responsibilities
- ◆ Whistleblowing
- ◆ Equality, diversity and person-centred values
- ◆ Telephone support and communication
- ◆ Pain and discomfort
- ◆ Infection prevention and control
- ◆ Food Safety
- ◆ Fluids and hydration
- ◆ Health and safety
- ◆ Stress and resilience

Learning Outcomes

After attending this course, the volunteers will have gained an understanding in:

- ◆ Adult social care
- ◆ Your role and responsibilities
- ◆ Whistleblowing
- ◆ Equality, diversity and person-centred values
- ◆ Telephone support and communication
- ◆ Pain and discomfort
- ◆ Infection prevention and control
- ◆ Food Safety
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- ◆ Health and safety
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Duration: 3 Hours