Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who provide direct care and support.

This course will provide learners with the skills and knowledge required to support people affected by personality disorders. The course will support learners to understand how personality disorders can affect the way people identify with, and form a perception of the 'average' person, and how this may affect their perception of other people. Many people with a personality disorder will also have associated mental health challenges.

This course is delivered using a range of methods and resources including:

‣ Face to Face tutor facilitation, questionnaires, scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

‣ NICE Guidelines: Personality Disorders

‣ Guidance from the Royal College of Psychiatrists

Course Content

‣ What is a personality disorder?

‣ The types of personality disorders

‣ Causes of personality disorders

‣ Signs and symptoms of personality disorder

‣ Treatment options

‣ Support networks

Learning Outcomes

After attending this course, learners will be able to:

‣ Define the meaning of the term personality disorder

‣ List the types of personality disorders

‣ Describe the causes of personality disorders

‣ Describe the signs and symptoms of a personality disorder

‣ Describe the social, emotional and psychological impact which personality disorders may have on people

‣ Describe the treatment options available for personality disorders

‣ List sources of support

Duration: 6 Hours