

Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course has been developed to promote an introduction to diabetes and it will provide learners with the knowledge they require to understand diabetes as a condition. This session will encourage learners to think about how to support the person who they provide care/support for so that they can empower them to be involved in their own care to prevent complications.

This course is delivered using a range of methods and resources including:

- ◆ Face to Face tutor facilitation, interactive polls, questionnaires, drawing tools, videos and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ NICE Guidelines: Diabetes in Adults

Course Content

- ◆ What is diabetes?
- ◆ Type I / Type II diagnosis
- ◆ Signs and symptoms of Type I and Type II
- ◆ Insulin and the advantage and disadvantages to an insulin pump
- ◆ Blood glucose levels and how to manage them
- ◆ Signs, causes and treating Hypoglycemia
- ◆ Signs, causes and treating Hyperglycemia
- ◆ Empowering people to know their own condition

Learning Outcomes

After attending this course, learners will be able to:

- ◆ Explain what diabetes is
- ◆ Define Type I and Type II diabetes
- ◆ List the signs and symptoms of Type I and Type II diabetes
- ◆ Explain how insulin is used and the advantage and disadvantages to an insulin pump
- ◆ Describe blood glucose levels and explain how to manage them
- ◆ Explain the signs of Hypoglycemia, what the causes are and how to treat it
- ◆ Explain the signs of Hyperglycemia, what the causes are and to treat it
- ◆ Give an example of how you can empower a person to know about their condition

Duration: 3 Hours