

## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

The Care Certificate is an agreed set of standards that define the knowledge, skills and behaviours expected of specific job roles in the Health and Social care sectors. It's made up of 15 minimum standards that should be covered if you are new to care and support, or your organisation uses this to form part of a robust induction programme. The Care Certificate was developed jointly by Skills for Care, Health Education England and Skills for Health.

### This course is delivered using a range of methods and resources including:

- ◆ Face to Face tutor facilitation, scenarios for breakout groups, questioning and participation, videos, practical demonstrations, and practical application of BLS knowledge on a manikin.

### This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ Skills for Care – The Care Certificate

## Programme Content

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### Day One

- ◆ 9.30am – 11.30am: The Role of the Care and Support Worker and Duty of Care
- ◆ 11.45pm – 1.30pm: Privacy & Dignity and Equality & Diversity
- ◆ 2pm – 4.30pm: Safeguarding Adults and Children

### Day Two

- ◆ 9.30am – 11am: Infection Prevention & Control
- ◆ 11.15am – 1pm: Person Centred Support
- ◆ 1.30pm – 4.30pm: Health & Safety and Basic Life Support

### Day Three

- ◆ 9.30am – 11.30pm: Understand Mental Health, Learning Disability & Dementia
- ◆ 11.45am – 1.30pm: Communication and Handling Information
- ◆ 2pm - 4.30pm: Fluids & Nutrition and Personal Development

Care Certificate Workbooks Learners will be sent a workbook for each of the Care Certificate standards. Learners can print these and work on them during their training or they can be used to take notes and complete back in the workplace following the training. The workbooks will need to be assessed in-house.

**Duration: 3 Days**