

Target Audience

Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course has been developed to provide the learner with knowledge on a Bi-Polar Disorder according to the psychiatric classification system. The focus of the course is on understanding the different ways in which having a Bi-Polar Disorder impacts on the person and others in their social network. It also considers the benefits of early intervention in promoting mental health and well-being.

This course is delivered using a range of methods and resources including:

- ◆ Face to face tutor facilitation, questionnaires, scenarios for breakout groups, fact sheets for research activity, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- ◆ NICE Guidelines: Bipolar Disorder: Assessment and Management

Course Content

- ◆ What is Bi-Polar Disorder?
- ◆ How is it diagnosed?
- ◆ Symptoms of Bi-Polar
- ◆ Categories of Bi-Polar
- ◆ Other illnesses that can co-exist with Bi-Polar
- ◆ Treatment
- ◆ Supporting a person and their condition

Learning Outcomes

After attending this course, learners will be able to:

- ◆ State what a Bi-Polar Disorder is
- ◆ Describe how is it diagnosed
- ◆ List symptoms of Bi-Polar
- ◆ List categories of Bi-Polar
- ◆ State other illnesses that can co-exist with Bi-Polar
- ◆ Give an overview of the treatment available
- ◆ Give an example of how you can support a person and their condition

Duration: 3 Hours